

APPENDIX 3

USEFUL INFORMATION.

1. Where to obtain official permission:  
[REDACTED],  
[REDACTED],  
38260 GRENABLE.  
FRANCE. (Telephone No. [REDACTED])
2. Where to obtain local speleological advice:  
[REDACTED],  
[REDACTED]. (Telephone No. [REDACTED])
3. Local Weather Forecast:  
Météo Grenoble. Tel. No. ([REDACTED])  
(The best weather is usually from mid-June to mid-August)
4. Where to buy Calcium Carbide locally:  
(a) [REDACTED]  
(b) [REDACTED]  
The main supplier to the French market is:  
[REDACTED],  
[REDACTED],  
[REDACTED]. (Tel. No. [REDACTED])
5. Shops, Telephones, and Restaurants at AUTRANS, half an hour from La Molière.
6. How to estimate Supplies required:
  - (a) Lighting.....One Kilogram (2.2lb.) Carbide gives 20-22 hrs light using a Continental carbide lamp. Alkaline 'Duracell' 4.5v. batteries (MN-1203) will power a 'Petzl' electric caplamp for 18-20 hrs.
  - (b) Cooking.....A litre of paraffin will fuel a small primus stove for boiling a litre of water 25-30 times. Cater for about 4000 Calories/caver/day. Allow 14% protein, 30% fats, 56% carbohydrates.
7. Weight Allowances for deciding Transport:
  - (a) Personal gear...Allow 100-110Kg. (220-240lb.) per caver.
  - (b) Tackle.....Allow about 250 Kg. for rope, hangers, medical supplies, emergency supplies, etc. (125 m. of 11mm. rope weighs 12 Kg. when dry.)
8. Costs Estimation:
  - (a) Personal.....Budget for about £180-200 per person for travel, personal gear, food, and insurance.
  - (b) Equipment.....This depends on the club resources available but budget for £800 -£1000 if using 11mm. rope.
9. Maps:
  - (a) Roads.....MICHELIN 1/200,000 Valence-Grenoble No.77.
  - (b) Terrain.....Institut Geographique National (IGN) 1/50,000 No. 12 - Massif du Vercors (Editions Didier et Richard)
10. The text of this report contains considerable information in more detail than can be summarised here, and the reader is referred to the "Contents" page for accessing this quickly.